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**CONTACT:**

Amy Schisler  
Communications Director  
American Cancer Society, North Texas Region  
[amy.schisler@cancer.org](mailto:amy.schisler@cancer.org)  
214-819-1263

## **North Texans Needed to Participate in Historic Cancer Research Effort**

*Community Involvement Can Answer Critical Questions about Cancer Causes, Prevention*

**DALLAS** – North Texans have an unprecedented opportunity to participate in a historic national study that has the potential to change the face of cancer for future generations. On Saturday, Jan. 28 from 9 a.m. to 1:30 p.m., the American Cancer Society will be enrolling local residents in Cancer Prevention Study-3 (CPS-3) at one of two American Cancer Society offices: in Dallas at 8900 John W. Carpenter Freeway or in Fort Worth at 3301 West Freeway.

Men and women between the ages of 30 and 65 who have never been diagnosed with cancer are needed to participate in the study. A diverse population of up to half a million people across the United States and Puerto Rico are needed for researchers to better understand the lifestyle, environmental, and genetic factors that cause or prevent cancer.

Researchers will use the data from CPS-3 to build on evidence from a series of American Cancer Society studies that began in the 1950s that collectively have involved millions of volunteer participants. The Hammond-Horn Study and previous Cancer Prevention Studies (CPS-I and CPS-II) have played a major role in understanding cancer prevention and risk, and have contributed significantly to the scientific basis and development of public health guidelines and recommendations.

Previous studies confirmed the link between cigarette smoking and lung cancer, demonstrated the link between larger waist size and increased death rates from cancer and other causes, and showed the considerable impact of air pollution on heart and lung conditions. The current study, CPS-II, began in 1982 and is still ongoing. Changes in lifestyle and in the understanding of cancer in the more than two decades since its launch make it important to begin a new study.

To enroll in the study, individuals will read and sign an informed consent form; complete a comprehensive survey that asks for information on lifestyle, behavioral, and other health-related factors; have height, weight, blood pressure, heart rate, and waist circumference measured; and give a small blood sample. Upon completion of this process, the Society will send periodic follow-up surveys to participants for updated information, and annual newsletters with study updates and results. The in-person enrollment process takes approximately an hour to complete. Periodic follow-up surveys of various lengths are expected to be sent every few years to participants.

According to Alpa V. Patel, Ph.D., principal investigator of CPS-3:

“Many individuals diagnosed with cancer struggle to answer the question, ‘What caused my cancer?’ In many cases, we don’t know the answer. CPS-3 will help us better understand what factors cause cancer, and once we know that, we can be better equipped to prevent cancer. CPS-3 holds the best hope of identifying new and emerging cancer risks, and we can only do this if members of the community are willing to become involved.

“Taking an hour or so every few years to fill out a survey – and potentially save someone from being diagnosed with cancer in the future - is a commitment that thousands of volunteer participants have already made. We're looking for more like-minded individuals in north Texas to join this effort that we know will save lives and improve the outlook for future generations.”

For more information or to learn how to become involved with CPS-3, visit [cancer.org/cps3](https://cancer.org/cps3), email [cps3@cancer.org](mailto:cps3@cancer.org), or call toll-free 1-888-604-5888. To register for CPS-3, visit [www.seeuthere.com/cps3enroll/dfwtx](http://www.seeuthere.com/cps3enroll/dfwtx).

**About the American Cancer Society**

For nearly a century, the American Cancer Society has worked to save lives and end suffering from cancer. With more than three million volunteers worldwide, we fight for every birthday in every community. As the nation’s largest non-governmental investor in cancer research, the American Cancer Society has contributed more than \$3.4 billion to help people stay well, get well, find cures and fight back. To learn more about us or to get help, call us any time, day or night, at 1-800-227-2345 or visit [cancer.org](https://cancer.org).

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